Explore Insights®

Insights Explore

Empowering workers on the frontline to collaborate successfully at scale

Those who work in a collaborative setting are 50% more effective at completing tasks

– Stanford study on collaboration

Collaboration is essential to frontline performance – but too often, it's out of reach.

Studies have consistently shown a strong link between effective collaboration, productivity and business success. Yet, in high-pressure frontline environments, meaningful collaboration is often the first thing to fall away.

With limited access to development tools, little time for training and growing pressure to perform, employees are rarely equipped with the soft skills and self-awareness needed to work effectively with others.

The result? Miscommunication, disconnect and untapped potential across large parts of the workforce.

As organisations race to build successful teams, one question becomes clear:

How can we make real teamwork possible for the people who power your business every day?

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Introducing Insights Explore

Self-awareness is the first step towards better collaboration

Insights Explore is a development tool designed to bring self-awareness to the frontline – quickly, accessibly and at scale.

By introducing the powerful and memorable language of colour energies, Insights Explore helps learners understand their personal preferences and how they show up in everyday interactions. This empowers them to communicate more effectively, reducing friction and building stronger relationships with colleagues and customers.

What makes Insights Explore different?

Unlike traditional learning programmes designed for desk-based roles, Insights Explore meets the frontline teams exactly where they are, with no need for lengthy time away from work.

The result? A scalable, inclusive and low barrier way to strengthen collaboration from the ground up.

Understand how you and your colleagues show up in everyday interactions

This awareness fosters deeper insights and enhances collaboration organisation wide

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Individual learner outcomes

Continue the journey of self-awareness

Insights Explore empowers employees to feel more connected and take meaningful action…

Think

- Learners understand more about their **personality preferences**
- They recognise the value of **different perspectives** and **working styles**
- They consider how to flex their approach to **collaborate more effectively**

Feel

- Learners feel more **equipped to navigate workplace interactions**
- They feel capable of making a **meaningful impact** on their teams and relationships
- Greater sense of belonging by **giving everyone a shared language**

Do

- Learners begin to express themselves clearly using the **power of colour energies**
- Promotion of more **inclusive behaviours** contributes to a healthier team culture
- Ability to flex their style to work better with others, **reducing friction** and **improving performance**

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Insights Explore road map

Keep the learning going…

The true strength of Insights Explore is its seamless integration capabilities.

Insights Explore introduces the language of colour energies at scale, it's the ideal entry point for creating a consistent, inclusive foundation for development across your workplace.

Designed for scale and frontline application, Insights Explore is the perfect first step towards improving collaboration and reducing friction.

And, when your people are ready, it seamlessly connects into the wider Insights learning journey.

Insights Discovery – embeds the use of colour energies for fast interpersonal breakthroughs

Insights Thriving Through Change – improves learners' ability to adapt to different reactions to change

Discovering Team Effectiveness Resolves personality-based bottlenecks in team efficiency with understanding

Discovering Leadership Effectiveness – deepens leaders' understanding of their style and increases agility

Ongoing leadership coaching and talent management – focuses strategic development action plans for better outcomes

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Materials for Insights Explore

Enable people to bring their best and most authentic selves to work

Insights Explore introduces the language of colour energies to frontline employees in a way that's simple, accessible and impactful.

Designed for scalability and simplicity, Insights Explore delivers high impact through:

A practical workshop

Kickstart the learning experience with a high-energy, practical session designed to introduce the language of colour and build a strong foundation for collaboration.

Workshop objectives:

- Discover the Insights colour energy model and what it means for day-to-day behaviour
- Understand your own personality preferences through your Insights Explore profile
- Build greater self-awareness, empathy and connection across the group
- Lay the groundwork for ongoing learning through team missions and guided conversations

Champions toolkit

Keep the learning alive long after the workshop ends by empowering your own champions.

Includes:

- 3 bite-sized (5-minutes) eLearning modules to deepen understanding of the colour energy language
- 8 team missions (bite-sized, 15-minute team activities) linked directly to Insights Explore profile insights
- 2 one-to-one exercises for supervisors/ managers to reflect, connect and grow together

Why it works

Insights Explore creates frontline behaviour change by introducing people to themselves and showing them how to use that understanding to better connect with others.

It's a simple, powerful way to improve collaboration, build emotional intelligence and develop the necessary soft skills to empower your workforce at scale.

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How to get started

Build collaboration from the ground up

The first step in rolling out Insights Explore across your organisation is to attend a Live Learning Workshop via Connections or if you are a practitioner speak to your Account Manager directly.

In these interactive sessions, you'll learn:

- **What Insights Explore is** and how it supports collaboration throughout your organisation
- **How to position Insights Explore** to your stakeholders as a scalable solution for your frontline employees
- **How to assess organisational readiness** and ensure successful adoption of Insights Explore

Next steps could include:

- **Introducing Insights Explore** to your stakeholders or clients for inclusion in your next training workshop
- **Applying Insights Explore** to help resolve interpersonal challenges in the organisation
- **Leveraging Insights Explore** to help high potential employees advance

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